

**Before & After Meal Prayers from Jesus to Protect from  
Contamination, 2013**

**Before Meal Prayer:** O Divine and Eternal Father, through the Most Precious Blood of Your Divine Son Jesus, we ask You to remove anything that is not from You in our food, our water, the air, in the medicine in this household, and in our bodies and souls and replace it with the pureness that was in the Garden of Eden before Adam and Eve sinned. Thank you, Amen.

**After Meal Prayer:** We give thee thanks for this pure food from Thy bounty through Christ our Lord, Amen.