

January 23, 2023 Adoration Chapel

Hello, Jesus Christ present body, blood, soul and divinity in the Most Blessed Sacrament. All praise, glory and thanksgiving to You, my Lord, God and King. Thank You for every gift You have given and will ever give to us, Your children. Thank You for Your love and mercy; for Your life, death and resurrection. Thank You for the Sacraments! We would be so very destitute without them. Lord, thank You for this weekend, the seminar, the holy women and our facilitator. Thank You for the opportunity to learn more about the Holy Spirit, the third person of the Blessed Trinity. All glory and honor to You forever and ever! Lord, it was a difficult experience for me, but one which I am thankful to have had. Thank You for any and all healing that took place within us, Jesus. Your Will be done on earth as it is in Heaven. Please continue to give Your daughters all the gifts of the Holy Spirit and any charisms You desire for us. Increase Your grace and mercy in us, Jesus. Bring all who are far from You nearer to Your Sacred Heart.

Lord, will You please explain the waves, the water that was seen when I was being prayed over by the group?

“My child, My child, you have many questions about this weekend. I was actively working in you and I was very close to you. It did not seem so and I allowed this to increase your faith and trust in Me. You have been praying for healing of interior wounds and this process was expedited. I know it was painful for you but healing often is. Is it not true in the physical, My daughter? When a bone is broken, often it needs to be reset and this is painful. Even afterwards, as new bone cells are being made and laid down around the break, sometimes there is pain. The mending process is often painful. If one has surgery, the recovery period is often painful. It is not different for emotional healing. This is painful, also but in a different way. In order for Me to use you more fully, My child, especially in the days to come, this healing was necessary. It was good that you followed My promptings to participate last weekend, even though I know you did not really want to do so. My daughter, what (name withheld) told you about the vision you had of Me was accurate. I wanted to demonstrate to you how limiting internal and emotional wounds can be. I have given you many gifts but there are even more I wish to give you. I await patiently this work internally so that when you are ready I can give you more gifts from the Holy Spirit. Healing takes time, it is true, but do not delay your cooperation in this process. When you are further along in this process of healing, you will be able to help others to heal. You will be of better, more effective assistance to those in need and to those who have also been emotionally wounded. There are many such souls, My child. Too numerous for you to count. Most people in these days have been wounded in some way whether through their childhood because of dysfunction in their families, from teachers or other adults at school, from people they should have been able to trust, from traumatic situations due to no one’s fault. The list could continue on and on, My little one. There are many who are in need of assistance and this will be true also in the refuge times. I want all of My children to have healing. There are obstacles to My grace and to My healing. These obstacles are being removed in you and in many others for your well-being because of My great love and mercy. It will also be very helpful to others. Do not delay, My Children of Light. Ask Me for whatever you need and I will provide this for you. Follow the promptings of My Holy Spirit. You will grow closer to Me each time you consent to My Will. Over time, your ‘yesses’ will work much good for the Kingdom of God.”

“My child, you have been given images and visions from others on other occasions. Do you recall this?”

Yes, my Lord. I do.

“This vision from yesterday was an image of My peace washing over you in waves. These were gentle waves. The water was not crashing but rolling into you and over you purifying you, but also soothing you. Did you not feel at peace in those moments, My daughter after so much pain the day before?”

Yes, Lord. I felt more at peace and also relaxed. I can also say I felt resigned to be in Your Will, whatever that may be.

“Yes, My little one. Remember when you used to swim as a child? You would often float on your back looking up at the sky and the clouds. You felt at peace as the water gently moved and rocked you. You were relaxed without a care in the world. I gave this grace to you yesterday, though you did not feel water or feel as if you were floating.”

I have noticed, Lord that You remind me of times in my childhood that are happy even though there were times of feeling alone or misunderstood.

“Yes, My child. I want you to realize that I have always been with you. I am with you now. I will be with you in the future. Be small, like a child in the way that you view the world, for I your Lord am with you always. Be large in your trust as most children are. So trusting that there is no more fear. Even when times are difficult, My child, My little lamb, I am with you. You have literally nothing to fear. Fear is useless. What is needed is trust. Fear is actually detrimental and it comes from the evil one. It does not come from Me. Even if I give you a warning or a clear sign when danger is approaching, it will not be a cause of fear. I am clear but I do not cause fear. Focus on Me, My children. Learn to hear My voice. Speak to Me more from your heart and listen for My response. If you hear something that evokes fear or confusion, that is not from Me. I bring peace and clarity. I am truth. I am not disorder, confusion or chaos. When you see these things, know they are not from Me. At moments like that, call upon My name. Ask Me to come close to you and to give you peace and clarity. Ask for My direction which will be clear and decisive. Ask for anything you need, My children. You must pray more to be able to hear My voice. You will come to know Me and My voice, the closer you grow in relationship with Me. Be at peace and if you do not have peace, pray for My peace. You must also accept it when it is given. Then, you give this peace to others. Do not delay this important work of prayer, My children. It is imperative for My children to hear My voice and to be ready to respond in trust. I will protect you, but you must be ready to follow My guidance. All I am asking of you is to spend time in prayer with Me. Read Sacred Scripture. I always speak through Holy Scripture, for this is the Word of God. Pray, My dear children. Frequent the Sacraments. Love one another as I have also loved you. I want only the best for My children, just as you do for your children.”

“My child, continue on this path with My Holy Spirit. It is the one you will take at this time. I provided this for you as a child, with your Mother, so you would know to trust in this direction. I would like all of My children to know the Holy Spirit more, and to know My Father, also. We are three distinct persons, but one God. This is a difficult concept to grasp but for this I simply say, ‘Trust Me’. (smiling) All will be well with your souls when you do as I ask of you for the path of holiness will lead you to eternal life. When you grow ever closer to Me, your family members, your friends and all who observe you will notice that you are different. Your feet will be firmly planted on the true foundation and you will not be swayed by whatever wind happens to be blowing at the time. Reject all that is not of God, My children. Reject the practices of the occult, witchcraft, New Age, and all that leads you away from God or that claims to give you some secret knowledge of the universe or some secret energy. I AM the Light. I AM the very Word of God. God is all powerful, all knowing and ever present. The information needed for your eternal salvation has already been given to you in Sacred Scripture and through My Holy Catholic Apostolic Church. My Mother has come from Heaven on many occasions to give you messages from Heaven, with the permission of God the Father. These legitimate messages and apparitions never contradict Scripture. They only fulfill what is already known or serve to wake you in a particular time in history so souls will repent, convert and draw close to God. My children, We in Heaven have done everything for love of you. The Father sent Me, the Son to die and rise again for your souls. We want to spend the rest of time with you in the heavenly Kingdom but this requires your ‘yes’ to God. Follow Me, My children. Obey the Ten Commandments and pray so that you will learn to love and trust the Blessed and Most Holy Trinity. Your lives have great meaning and purpose. Live them with love, gratitude and mercy. I cannot say this enough. Read the Gospels. You will understand that I came to liberate you by the freedom and love of God. Your liberation is to be freed from sin and death, in order to realize all I have freely given you. You must accept My love. I do not force Myself on you, My children. You were made to be free and to freely choose. Choose what is good. There is nothing more good than the love of God. Choose well, My children. Choose eternal life. I await you with love and mercy and in patient waiting.

However, do not delay or you gamble with your souls. I love you, My beloved children. I ask for your love in return.”

“Thank you, My child for writing My words. I know this is becoming more difficult for you. Your sacrifices do not go unnoticed, My (name withheld). I love you and My son (name withheld). I thank you for your love and your trust. I bless you in the name of My Father, in My name and in the name of My Holy Spirit. Go in My peace. Be mercy, be love, be peace. I will give you My joy. All will be well.”

Thank You, my Lord and my God. Praise You for who You are and for all You have done for us. I love You!

“And I love you.”