

### January 1, 2023 Adoration Chapel

Hello my dear Jesus ever present in the Most Blessed Sacrament of the Altar. I am very grateful and blessed to be here with You, Lord. Thank You for Holy Mass, Holy Communion and Confession! Happy Feast Day to Your Most Holy Mother Mary, Mother of God! Thank You for sharing Your Mother with mankind, Jesus. What an honor it is to be Her child, Jesus because of Your generosity and sharing of Your Holy Family with us, the children of God. This is such a mystery, Lord but it gives me great joy. Praise You and thank You, my Lord, God and King. What a beautiful week of Christmas it has been, Lord! Thank You for the great gift of the Incarnation! Thank You, Blessed Mother for Your fiat. Thank you to St. Joseph for his 'yes' to God and accepting the most honorable role of being Jesus' earthly Father. Glory to God in the highest!

Lord, thank You for the family time during the Christmas celebrations and for our small gathering last evening. It was so nice to have (name withheld) in our home. Bless him and his priesthood, Lord. Bless all who were able to attend and those who could not.

Jesus, please help us during this time period of the loss of Pope Emeritus Benedict XVI. Take his soul to Heaven, Lord Jesus. Pope Benedict, pray for us. This seems like a turning point but I'm not sure why. Perhaps, because Pope Benedict is no longer on earth praying and suffering for the Church. Jesus, I trust in You.

"My child, My child, pray for those who are outside the safety of My Church to return soon. Pray for those who do not believe and do not love Me. Pray for graces of conversion to flood the earth. Pray that all people will be well disposed to receive these graces. Pray, My dear children. Pray. Pray for My priests and all holy shepherds. Pray, dear children. Pray. Pray for an end to violence, persecution, and killing of the innocents. Pray for the protection of all children. Including the protection of their innocence. Pray, My children. Pray."

I'm sorry, Lord but I'm very distracted and I didn't realize the chapel is closing. You are being reposed. I'm disappointed, but this was poor planning on my part. Forgive us, Lord for not coming here earlier.

Jesus, thank You for the opportunity to adore You in another Adoration Chapel (one that doesn't close). Praise and thank You! There are so many lessons in this experience!

"My child, there are lessons in each trial and time of adversity. There are also blessings and there is merit for perseverance. My child, it appears to many that times are growing darker and that there is no fruit to your prayers and sacrifices. It is true the times continue to grow darker, but evil is also being exposed for the sake of My children. There is fruitfulness in your prayers, My child and in the prayers of all of My faithful children. Souls are converting, even if you do not witness this directly. I tell you there are conversions. Rejoice and thank the Holy Spirit for He is moving among mankind and stirring hearts. As more calamities occur, through more prayer, Heaven will witness continual conversion. Not a great multitude but each and every soul matters to all of Heaven and to God. Be assured that the prayers of My faithful Children of Light are effecting grace and bearing fruit. This is why I request more prayer. It is needed for souls who do not pray. Pray, pray, pray. Please add fasting to your prayers at least one day per week, preferably two days. If one is not fasting now, begin fasting one day each week and gradually add the second day. It is very important. I invite each person who can fast to do so for this is a spiritual war and fasting is needed. Add fasting to your prayer arsenal to win more souls for the Kingdom! If there are people who are unable to fast for medical reasons or due to age, I invite you to abstain from meat and to add another way of sacrificing for the Lord. Perhaps eat no sweet foods or forego your favorite foods on days of abstinence. Do more than the minimum required by the Church, My children. Do this for your Lord and Savior and for love of your neighbor. If you all cooperate and accept My request you will see miraculous conversions. In this way the light will overcome the darkness. In the process you will also grow closer to Me and will become more holy. Do not be afraid. I will assist you. Ask Me for graces to fast and to do penance. Pray for your country. Pray for your homeland and pray for the Holy Spirit to renew the face of the earth. Watch and wait, My child. You will be watching and

waiting while you pray, fast, make sacrifices and live the Gospel message. Have faith in Me. By prayer and fasting you will not give in to despair. I love you. I am with you. I am counting on you. Please count on Me. Rely on Me. Ask My Most Holy Mother Mary to cover you with Her mantle of protection in these most difficult days. She will teach you in Her school of love if you ask Her. Invite Her to be your heavenly Mother, your Queen, your teacher and your friend. She is waiting to run to Her children and embrace you. She is meek, mild and humble. She is perfection; the perfect creature; the perfect woman. You will do well to emulate and to love Her. All that is needed is for you to ask Her for She waits patiently, like all good mothers, for Her children to invite Her into their lives. Do not delay for without Her, progress is painfully slow, but with Her help souls advance in holiness quickly. I need and want My children to advance in holiness quickly now as the times call for it. The graces are yours for the asking like no other time in history. Rejoice, have faith and pray for the desire to be holy and to grow in holiness. This growth will bring you deep peace and joy, My children. It will make your sacrifices seem like joy and you will want to do even more for your Jesus. Put away **all** bickering and useless conversation. When possible remain silent and reflect on all the Lord has done for you in your lives. Be reflective people of God. In the silence of your hearts, you will begin to know the Will of God for you.”

“You will be given gifts depending on each one’s needs and the mission God has for you. The Holy Spirit has gifts for each child of God. Ask Him for these gifts. Ask Him what He will give you. Be at peace with each one and do not compare your gift with another person’s gift. God gives uniquely to each of His children. You will understand later why you have received the gift given to you. It will serve an important need/purpose now and later. Each gift is for the building up of God’s Kingdom. Each gift is important and is of great value to God. Thank the Holy Spirit even if you do not know yet which gift or gifts you have been given. You will know in time. Pray and reflect. Ponder the events of your lives past and present and rejoice at the way the Lord has been at work in and through you. Be grateful people. Stop complaining and begin praising. This is very important. The adversary wants to annoy and irritate you. He tempts you to feel like victims and as if you are not completely loved by God. You are loved My children. You are valued and loved by the Blessed Trinity and all of Heaven. Those of you who know and love Me have a special place in My heart. You are the apple of My eye. Do you realize what it means to be the apple of God’s eye? Reflect on this great love and affection bestowed on you by God the Father, God the Creator of all that is created. Reflect on this My children. See what great love the Father has for His children. Live up to this love by being faith filled people of God. You are part of the Body of Christ, the Church. Be faithful to My Church even when, **especially** when others are unfaithful. Do not complain about others. Do not compare yourselves to others. You are uniquely created. You have a communal life call—a purpose. You are loved, cared for and necessary to the Father. Be more aware of this great dignity. It should cause you to BE MOST GRATEFUL. It will also increase your humility. Then, rather than complain about your circumstances, the hierarchy, your neighbor who may act like what you say—a heathen you will instead praise God for His love and pray for those who do not know God’s love. Do not complain, but praise. Do not put down others, but lift them to the Lord. Do not curse your enemies or those who disappoint you, but pray for them and bless them. When you experience disappointment, praise God for allowing you to suffer for souls. Sometimes when one is disappointed there is a reason. For example, were you running late by no fault of your own? Was traffic heavy causing a delay? Praise God. Pray for all who are still in traffic. When you come upon the reason for the delay, perhaps an accident, pray for those involved. Ask for God’s healing and for the Lord to work for each persons’ good. Pray for graces to be showered on each one. Pray for patience and safety for all on the road driving. Offer all driving to God the Father and praise Him for the gift of travel, driving, etc. This is how I want My children to experience adversity. Turn each event/occurrence into an opportunity to praise God and to pray for your fellow man. This will bring great light into the world. You will resist the evil ones who tempt you to focus on everything that is negative. In that way, you will not be focused on prayer, on the Lord, or on helping your fellow man. My children, your attitudes need to change. You worship God who has attained victory over sin and death. This God is **your** Father. Act like you are children of God. Be victorious. Cease acting the victim and begin to be like the victor over every difficult situation. You will proceed rapidly on the path to holiness. This is My Will for you. You must do this to live united to My Will. You pray, ‘*Thy Will be done on earth as in Heaven.*’ But continue to act as though you are chained to earth and in bondage. You are not. You are citizens of Heaven. When you leave

your country to travel abroad, you retain your national citizenship. It is the same for My children who are on an earthly pilgrimage. You retain a heavenly citizenship when you live in My love and follow Me. Do not focus on the things of this world for sake of the world. Begin to take the long view for you will come to Heaven one day. Everything you have on earth is to be used for building the Kingdom of God. This begins in your own family and in your extended families. Do you have a home? Do you have children? Make your home a place of love, understanding, patience, gentle but firm discipline, peace and a place of welcome. Teach your children about God, the Faith, Heaven, Hell, and Purgatory. Teach them the decalogue. Teach them their prayers and be sure to emphasize how very much God loves them. Teach your children and instill virtue in them. Be kind to strangers, especially those in need. Show them by your example the corporal and spiritual works of mercy. Raise your children as fellow citizens of Heaven. Thank God for your loving home. Be hospitable and welcome others into your homes when the time is good for your family. Keep in mind your children are learning from you. They should be included in preparing for guests just as others prepared for Me to come along with My Apostles. Each guest is a child of God or a future Christian. Others will see your witness to love. When you prepare for guests, first pray for them. Pray before they come. This will be a special blessing for them. Before you visit others or gather for meetings pray for them. Form prayerful habits for every situation. Everything should begin and end with prayer. Are you cleaning your house or washing dishes? Pray for those who have no homes to clean. Pray for those who have nothing to eat. Thank God for the home to clean and dishes to wash. Be people of gratitude and prayer. Before long you will notice (as will others, I assure you) that you are no longer a complaining person, but a person of joy and gratitude. You will begin to attract others because of your inner joy and peace. My children, your Jesus needs you to be light in the darkness. When you complain, you hide your lamp under a basket which contributes to the darkness. Please take these words to heart. If you pray more it will help to decrease your complaining. Many complain because they don't understand what God is doing. More trust is needed. Bring the issue or circumstance to Me and say, *'Jesus, I do not understand why this occurred. I am puzzled by this, but I believe You have this situation under control. Whether I understand or not is irrelevant. Your Will be done. I entrust this to You.'* In this way, My Will is carried out in and through you. You will at times be unable to grasp or understand something. That is to be expected, for you are not God. (smiling) But, what you must come to know, I AM. I am on the throne, My children. I see all; I know all; I am ever present to each and every one of My children spiritually and I am physically and spiritually present—really present in each and every consecrated host. My children, come visit Me and adore Me in the Most Holy Eucharist where I await you. I want to bestow much love and many graces on you during Adoration. I can do so at any time, of course, and I sometimes do so but I will consistently do so as you express your love and faith in My presence in the Eucharist. Come to love Adoration, My children and you and your family members will be blessed. Trust in Me. I certainly trust in you to be carriers of My Word, My Light, My Love, My Mercy and My Peace to this world. Work awhile longer, My children. Watch and wait, My beloved Children of Light. Be of joy, even in the midst of suffering. Approach all circumstances the way I explained. This is what My Mother and St. Joseph did. Be like them. Ponder all things in your heart and praise God (but do not complain). You will be victorious with My Most Holy Mother Mary when Her heart triumphs. Be at peace. All will be well.”

“I love you, My little lamb. I bless you and My son. Be kind to one another and grow in your love. I bless you in the name of My Father, in My name and in the name of My Holy Spirit. I love you. Go in My peace.”

Thank You, my Lord and Savior. Praise You for all that You are and all You have done for me. Blessed be Your holy name. Blessed be God. Blessed be the Holy Spirit and all Saints and Angels in Heaven. Thank You for my Guardian Angel. Thank You for the many conversions occurring and for those that will occur. Praise be God the Father, God the Son and God the Holy Spirit—three in one! Amen & Alleluia. I love You, Jesus!

“And I love you!”