December 4, 2022, Second Sunday of Advent, Adoration Chapel

Hello, my dearest Jesus present in the Most Blessed Sacrament of the Altar, present in all tabernacles in the world. I love You, beautiful Lord. I hope and I trust in You. Thank You for Holy Mass and Communion today and for the opportunity to go to Confession. We are so blessed to have access to holy priests and the Sacraments. Thank You, Lord! Lord, thank You for the seasons in the Church/Liturgical Calendar. I'm so glad it is Advent. Help me to make the most of this season so my heart will be prepared for Christmas. I remember this time last year when we were very ill. Thank You for bringing us through that time. Lord and for sparing our lives. Lord, I just heard about someone who has ALS. I wish I had known earlier. He is probably too weak now to communicate. I wish I had his address to send a card. Lord, please bring him even closer to You through this suffering. Heal him if it is Your Holy Will. I know that You can if only You will it. Comfort and console his family, Jesus especially his wife and children but also his parents. Give them courage and faith to accept Your Will knowing You will be with them in the future just as You are with them now. Give them precious time together, Lord. Lord, my heart breaks for this family. Jesus, I pray also for those who have cancer and are dying. Be with them and their loved ones. It is so difficult to lose someone you love. You know that and experienced the loss of St. Joseph. Even though we have our faith in You and all that You promise Your beloved followers, it is still very difficult. Bless each one, Lord who is suffering from Alzheimer's, dementia, renal disease, neurological problems and give special graces to their loved ones and care givers. Jesus, our friends also suffer who have loved ones with addictions. Heal all who ask for Your mercy and healing. Strengthen their faith and hope in You. Heal their families, also. Lord, there is much brokenness in the world, be it hearts that are broken, or homes that are. Please heal many, many people during this Advent and Christmas season so their hope and faith in You is strengthened and they glorify You with their lives. Thank You for our blessings. Be with all who are in need. Thank You for choosing to be born into humble means to show us what our true priorities are. Jesus, I trust in You. Jesus, I trust in You. Jesus, I trust in You!

"My child, it is good that you are here with Me today. It pleases Me that the churches are filling up and more souls seek Me during this season. Many people understand the times are difficult, the world is under an increasing amount of darkness. You come to the right place, My children when you attend Mass, Confession and Adoration. Seek Me and you shall find Me. I await you with open arms, My children. My daughter, thank you for your prayers for others. All who suffer from any form of illness of mind, body or emotions will receive special graces, unique graces made just for them, when they seek Me from the heart. Even if you are not healed completely, My children there will be some form of healing when You ask Me with faith. My Father knows what is best for you and He wants only to give you what is best. Sometimes, the lessons you learn from suffering are what is best. Sometimes suffering brings you very close to My Sacred Heart and you more closely begin to resemble Me, your Savior. Other times through suffering you are able to realize your need for God, who loves you completely and wants you to depend on Him as a child depends on his good earthly father. This is especially important to learn before coming to Heaven where you will live in union with the Triune God. Some who suffer offer their suffering for souls either particular souls or all souls who are in need of love, for they are void of love. Each person who suffers, may do this (offer it for others) and some souls prefer to suffer now to help save particular souls from hell. I say help, because only God can save souls, but I often ask others to suffer for souls for this enables these souls to be open to graces from God they otherwise would not have accepted. When souls who suffered well on earth come to Heaven they have so much beauty in their souls, it is indescribable to you now, My children but you will see this in Heaven. Suffering is very purifying. It is like a magnifying glass, My children. You will know who is close to Me, who genuinely loves and accepts My Will by the way souls suffer on earth. I do not mean if souls suffer. I mean the way in which one who suffers accepts the cross or rejects it. Most people will experience some form of suffering, My little ones, for you live on earth and this is not Heaven. However, even with the small sufferings, these can be offered for others' salvation and Heaven gladly accepts this special gift and uses it for souls. This is the economy of the Church. Many saints suffered for love of God and there are countless graces provided because of so many holy souls who lived on earth. These are accessible through the Church, My little children. This is the reason why the Church could assign indulgences to certain pious acts, because of the many holy souls who obtained plentiful graces due to their love and

meritorious lives made so by the grace of God and the graces I merited for you on the cross. God is a good and loving Father and He showers His children with grace, mercy and love. Think of Him often, My children. He loves you—each and every one of you—with a depth of love you could not experience on this earth and live. You would die of joy if you experienced the fullness of God's love. You will be able to experience this love fully in Heaven when you are in the purified state. Do not miss this opportunity, My children. Follow Me. Live the Gospels and do all I have asked of you. Everything is for your good, for the good of your soul. Lean on Me when you are unable to walk and I will assist you. When you are unable to stand, I will carry you. You are never alone when you allow Me to walk with you. Do not listen to the evil one who tempts you with his lies. He is the father of lies. He tries to convince My children, especially those who are tender hearted that they are alone. They begin to feel lonely and focus on how very alone they are. Even if they have a multitude of people surrounding them, they see their 'aloneness' like they are standing under a bright light on a stage with no one to support them. Or, they feel everyone else has light around them, but they are shrouded in darkness. Do not listen to the father of lies. He wants to take the focus off your blessings and the goodness of God. He would have you wallowing in sadness and pity. In this way, one focuses only on him or herself. Remember the scriptures, My children. You have a great cloud of witnesses all around you. These are the saints, the holy people of God. You have your Guardian Angel and if you ask Me to send more angels, I will do so. Then, you will be surrounded by the angels I choose for you. God the Father, Son and Holy Spirit are with you and I give you My very own Mother as Mother of the Church and therefore, your Mother to be with you as well. I give you friends and family members. The Church is a community of believers and lovers of God. (The Church militant, suffering and triumphant.) My graces are all around you, My children. Lift your eyes to the heavens and look around you at the beautiful world I created. All of this is for you, My children. All that is seen and that which is unseen. Do not be filled with loneliness and despair for that is not from Your Lord. If you feel lonely and sad bring this guickly to Me. I will help you. Immerse your sadness. loneliness, fears, etc. in My Sacred, Merciful Heart and I will lift some of the burdens you are carrying. You may still feel some of these feelings but things will be much more bearable. I am here for you, My children. Yes, there is suffering in life. I suffered, too and I am the second person of the Trinity. I am God! You will know suffering, also but I never give you more than you can bear. If it is becoming unbearable, give this to Me. I will help you to carry your crosses. You also are to assist others in carrying their crosses. Love one another as I have loved you, My children. If everyone does so, the world will be more like Heaven. Prepare your hearts for the coming of Your King. Do not wait. Be open to receive Me. This is all for now, My little lamb. Go in My peace. I bless you and My tired son in the name of the Father, and of the Son and of the Holy Spirit. Be mercy. Be love. Be joy."

Amen, Lord. Alleluia!